

LEARN TO PLAY SIMPLY GREAT GOLF!

Chapter 1: Golf Homework for Better Scores

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My trademarked golf instruction name, Simply Great Golf, also describes the philosophy I use for both teaching and playing golf. My Simply Great Golf Approach was developed over my 25-year PGA teaching career with the primary goal of teaching my students the simplest, most effective techniques used by the best golfers and how to repeat these techniques with the highest level of consistency.

Anyone can learn to play Simply Great Golf! However, my experience working with more than 50,000 students has revealed that very few golfers have a plan that allows them to achieve the best results and most enjoyment from their “golf time”.

Every golfer has their own specific amount of Golf Time. I categorize basic Golf Time into 4 sections: 1) Playing Golf, 2) Practicing at a Practice Facility, 3) Taking Lessons, and 4) “Homework Practice”. Most golfers cannot increase the amount of time they have for playing golf but they can play better golf and have better results at the practice facility if they take the right approach.

In coordination with the best instruction, Homework Practice is the form of game improvement that can help you the most. Repetition is the bottom line key to making good golf shots with a high level of consistency and Homework Practice gives you the most repetition in the least amount of time. Most golfers have never learned the Homework Practice approach, but the best golfers have - they know the importance of doing their Homework for good scores.

The first step to playing your best golf is to begin a “10/10 Homework Practice” routine beginning with putts and chips – a 10-minute session practicing 10 repetitions of various length putts and chips. The fastest route to playing better golf with lower scores is to improve your putting and chipping since these golf shots account for approximately 50% of your score.

Putting can be practiced at home on your carpet along with a portable putting cup or a number of other objects you can lay down as an imaginary hole, such as a coin. Practice 10 short putts (3 to 6 feet), 10 short mid-range putts (6 to 12 feet), 10 long mid-range putts (12 to 25 feet) and then 10 long putts (25 to 50 feet).

Chipping can also be practiced at home, indoors or in the yard. Practice 10 short chip shots (15 to 25 feet) and 10 longer chip shots (25 to 40 feet).

If you have not been doing Homework Practice, committing to just three 10/10 Homework Practice sessions per week will improve your putting and chipping for lower scores!

I will continue with the next chapters of Learning to Play Simply Great Golf with the most effective step by step approach for helping you achieve the best results from your Golf Time. The next chapter will refine your putting and chipping with the details of the simplest techniques used by the best golfers.

Mike Passmore has achieved a ranking of 2006 Top 6 PGA Instructor in the U.S. and he is a 3-Time PGA Section Teacher of the Year